

# SOUTH COUNTY SIREN

SERVING SOUTH SNOHOMISH COUNTY • BRIER • EDMONDS  
LYNNWOOD • MILL CREEK • MOUNTLAKE TERRACE



## Inside

Spotlight on Emergency Medical Services:

- What's inside a medic unit
- EMS Week Open House on May 20

Be a Safety Hero at Kids Fire Camp

Preparing for "The Big One"

## SOUTH COUNTY FIRE

12425 Meridian Avenue S  
Everett WA 98208



SERVING SOUTH  
SNOHOMISH COUNTY  
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# SPRING CLASSES

Take a free 1-hour class online

**ACT FIRST AID & CPR:** Learn three skills to save a life: Antidote for opioid overdose, CPR for sudden cardiac arrest and Tourniquet for bleeding control. May 17, 10 a.m. / June 21, 6 p.m.

**CAR SEAT CLASS:** Learn how to properly use your car seat to protect your child from birth to the adult seat belt. May 17, 10 a.m. / June 7, 6 p.m. / June 21, 10 a.m.

**CHILD SAFETY & CPR:** Learn child CPR and how to keep little ones safe at home, at play, and on the road. June 21 / 6 p.m.

**DISASTER PREPAREDNESS:** Learn how to prepare and care for your family in a disaster. June 14, 6 p.m.

**AGING IN PLACE:** Learn how to help your loved ones as they age and find out about programs to help them age in place in their own home. July 26, 10 a.m.

**IMPACT TEEN DRIVING:** The workshop for parents and teens focuses on reducing reckless and distracted driving, the top killer of teens in the United States. August 30, 6 p.m.

All classes are provided via Zoom. Visit our website to request a presentation for your group of 10 or more.

Learn more and  
register online:

[www.southsnofire.org/classes](http://www.southsnofire.org/classes)



## A MESSAGE FROM THE FIRE CHIEF



**Fire Chief  
Thad Hovis**

I want to thank voters in the cities of Brier and Mountlake Terrace for approving annexation to the fire authority in the April 25 Special Election. We have provided fire and emergency medical services by contract to both cities for over 20 years.

Annexing is the way forward to maintain the level and quality of emergency services required. It also was the most cost-effective option for property owners.

We look forward to continuing to provide the highest level of fire and EMS to you, your family and local businesses.

## CONNECT WITH US

[www.southsnofire.org](http://www.southsnofire.org)



@southsnofire



South County Fire

# South County Fire *by the numbers*



**Nearly 37,000 incidents** last year

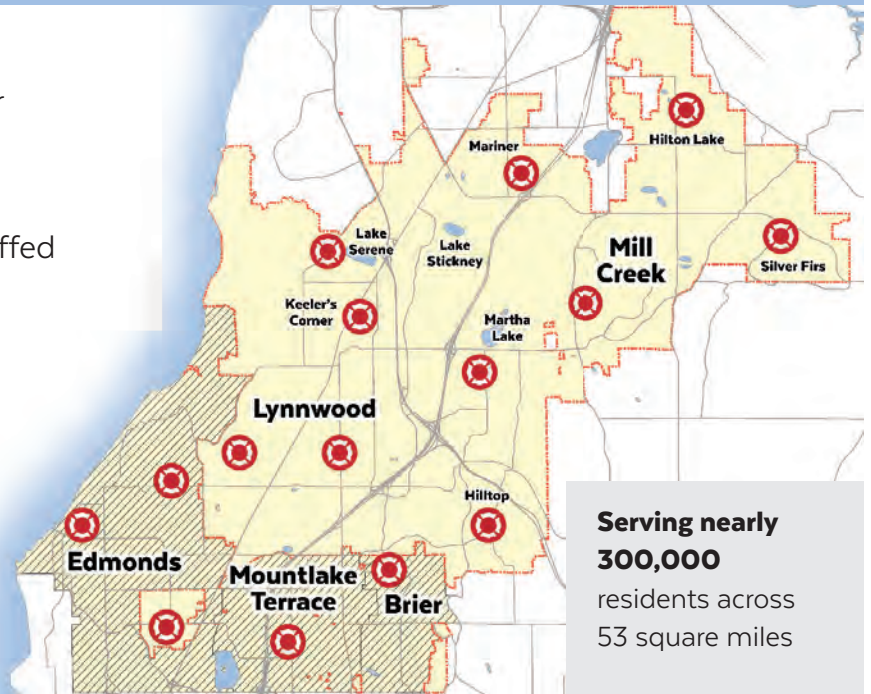


**15 neighborhood fire stations** staffed around the clock to serve you



**300+** uniformed personnel

**70 firefighters** on duty days and 64 overnight



## Help us help you when you call 911

*by taking these steps:*

- ✓ Sign up for Smart911 at [www.smart911.com](http://www.smart911.com) to share information with 911 and first responders to help you in an emergency.
- ✓ Be sure your address is visible from the road.
- ✓ Clear pathways inside and outside the home.
- ✓ Lock up pets – Secure them in a room with a closed door before firefighters arrive.
- ✓ If possible, unlock your front door or send someone out to meet firefighters at the road.
- ✓ Have a list of current medications, a medical history, and list of emergency contacts on your refrigerator.
- ✓ If you have medical directive or POLST form, have it available.

## EMS Week Open House

Join us Saturday, May 20, 11 a.m. to 1 p.m.  
Downtown Edmonds Fire Station 17 / 275 Sixth Ave. N

### Take the CPR Challenge to become a lifesaver



Learn hands-only CPR to help reach our goal of 500 community lifesavers trained in CPR during the month of May. Participate at the open house or learn online in a free ACT First Aid Class. Visit our website for class schedule and registration: [www.southsnofire.org/ACT](http://www.southsnofire.org/ACT)

### Teddy Bear Clinic for kids

Bring a stuffed animal to receive emergency care from our firefighters.

### Child safety information and giveaways

Learn about child car seats, bike helmets, water safety and more. Free while supplies last: infant sleep sacks for expectant parents and window locks to prevent falls.

### Older adult safety giveaways

Free while supplies last: night lights to help prevent falls and File of Life refrigerator magnets.

Our most requested service —

# Emergency Medical Services

More than 85% of the 911 calls your firefighters respond to are medical emergencies.

Here's a look at the emergency medical services (EMS) response units staffed 24/7 to serve you.

## FIREFIGHTER/PARAMEDICS

Provide advanced lifesaving care including administering IV medications and airway control

## POWER STRETCHER

To smoothly load patients and reduce firefighter injuries

## PEDIATRIC KIT

Equipment and supplies for treating children

## DEFIBRILLATOR

To analyze heart function and administer a shock to restore a normal heartbeat

## VIDEO LARYNGOSCOPE

Camera and monitor used when inserting a breathing tube to provide airway care

## FIRE GEAR

Paramedics fight fires too

## AIRWAY KIT AND OXYGEN

To enhance breathing and a patient's airway

## MEDICATION KIT

20 medications for serious medical conditions and injuries



### Medical Services Officer

A Medical Services Officer responds to the most serious medical emergencies and carries:

- ▶ Whole blood for in-field transfusions for trauma injuries.
- ▶ A mechanical device to provide consistent CPR chest compressions.
- ▶ An antidote kit for treating smoke inhalation patients.
- ▶ Extra EMS supplies and equipment.



### Community Paramedic

Sometimes 911 callers need more than a trip to the hospital for help.

A Community Paramedic provides non-emergency assistance to help frequent 911 callers access social services and resources.

In addition to helping patients and their loved ones, the Community Paramedic program has reduced 911 calls and emergency room visits.



### Fire Engine or Ladder Truck

These rigs are staffed by firefighters trained and equipped to provide EMS care. A fire engine or ladder responds to an EMS call:

- ▶ If it's closest to the call location. The crew can begin treatment and an ambulance will respond too if you need to go to the hospital.
- ▶ For serious emergencies requiring a team of responders. For example, cardiac arrest requires at least nine firefighters to perform high-performance CPR.



## Volunteer Firefighter Support team recruiting members

We are recruiting for our Volunteer Firefighter Support program through May 30. This program engages members of the community to provide critical support services to personnel responding to fires and other emergencies. Volunteer Firefighter Support staff drive and operate AIR15, a highly specialized emergency apparatus capable of refilling air bottles needed at fires. Members also assist with community outreach and education activities.

**LEARN MORE:** [www.southsnofire.org/VFS](http://www.southsnofire.org/VFS).

## Fire Academy Graduates

Congratulations to our Snohomish County Fire Training Academy Class of 2022-3 graduates: Parker Andrienas, Austin Bach, Ethan Bloeser, Justin Collins, Randy Cyr, Patrick Demaree, Bay Georgen, Devon Heckard, Tyler Henricksen, Dre Hodge, Rocky Inthaphanya, Cole Isaacson, Maggie Matthews, Daniel O'Brien, Kyle Olsen, Noah Silverman, David Stacey, Tiffany Stevens and Braden Stewart.



## Kids Fire Camp

*Free, fun safety activities for the whole family!*

- ▶ Relay races
- ▶ Learn hands-only CPR
- ▶ Fire truck visit
- ▶ Firefighter challenge

### EDMONDS

Friday, June 23 from 11am-1pm  
Civic Park: 598 Edmonds Street

### EVERETT/MILL CREEK

Friday, June 30 from 1-2pm  
Active Mill Creek: 122 128th St SE Everett

### MILL CREEK

Friday, June 30 from 5:30-8pm  
Pine Meadow Park: 15803 32nd Ave SE

### SILVER FIRS FIRE STATION

Tuesday, July 11 from 2-3pm  
Station 13: 13611 Puget Park Dr. Everett

### BRIER

Friday, August 4 from 10:30am-12:30pm  
Brier Park: 2903 228th ST SW

### MOUNTLAKE TERRACE

Monday, August 7 from 10-11:30am  
MLT Recreation Center: 5303 228th ST SW

### LYNNWOOD - Free Giveaway Events

#### **While supplies last**

Thursday, August 10 from 6-7pm, Life Jackets  
Thursday, August 17 from 6-7pm, Bike Helmets  
Lynndale Park: 18927 72nd AVE W.

#### **Can't make it?**

Sign up for our Online Fire Camp by visiting our website.

Dates and times may be subject to change. Visit our website for updates: [www.southsnofire.org/FireCamp](http://www.southsnofire.org/FireCamp)

# COMMISSIONER'S CORNER



## Preparing for disasters

By Commissioner  
Michael Fearnough

The Cascadia Subduction Zone, located off the coast of Washington, can produce large earthquakes reaching magnitude 9 or higher. For the PNW, this would be “The Big One.” The recent earthquake in Turkey demonstrates how earthquakes can collapse structures impacting communities.

The good news is that progressive revisions of national and regional building codes have improved the likelihood that structures built in the last 10 years will survive a significant quake. South County Fire firefighters prepare for and train in specialized technical rescue disciplines, including confined space and structural collapse rescue, essential skills needed during an earthquake response.

As a former Operations Specialist serving with the Federal Emergency Management Agency (FEMA), I responded to major presidentially declared disasters nationwide. Operating in austere environments without electricity, communications, and other essential services has motivated me to teach others disaster preparedness skills to better prepare the public in case of disaster.



Conducting an aerial search and damage assessment during a FEMA deployment.

Now is the time to prepare, not when the ground begins to shake. Mitigating your risk from the effects of a major earthquake is the key to insulating you and your family. Prepare by storing non-perishable food, medications, extra eyeglasses, and clothes in a “Go Bag.” Essential skills are also needed to protect your family and help your neighbors during an emergency.

### Free training from South County Fire to help you prepare

South County Fire provides free training in life-saving skills and specific courses that prepare you for disasters. Our 1-hour, online disaster preparedness class provides a basic introduction to get you started on a preparedness kit and plan. Register and learn more on our website: [www.southsnofire.org/classes](http://www.southsnofire.org/classes).

For those who want more in-depth training, South County Fire offers Community Emergency Response Team (CERT) training twice a year. This program teaches essential lifesaving skills needed to help you, your family and neighbors until emergency responders arrive: fire safety, light search and rescue, team organization and disaster medical operations. For more information, contact our outreach team, [outreach@southsnofire.org](mailto:outreach@southsnofire.org), 425-320-5800.



**HEADQUARTERS**  
12425 Meridian Avenue S  
Everett WA 98208  
(425) 551-1200  
[www.southsnofire.org](http://www.southsnofire.org)

### Commissioners

Derek Daniels, *Board Chair*  
Micah Rowland, *Vice Chair*  
David Chan  
Michael Fearnough  
Jim Kenny  
Mark Laurence  
Chris Teofilak  
Mike Todd, *Mill Creek Liaison*

### Fire Chief

Thad Hovis

Board of Commissioners meetings are the first, second and third Tuesday of each month at 7 p.m. All meetings are open to the public. Meetings are held in person at Headquarters and remotely using Zoom teleconferencing. Login instructions, agendas, minutes and videos are available at [www.southsnofire.org/meetings](http://www.southsnofire.org/meetings).

### Neighborhood Fire Stations

**Fire Station 10 - Keeler's Corner**  
3922 156th Street SW  
Lynnwood WA 98087

**Fire Station 11 - Mariner**  
12310 Meridian Avenue S  
Everett WA 98208

**Fire Station 12 - Hilton Lake**  
3525 108th Street SE  
Everett WA 98208

**Fire Station 13 - Silver Firs**  
13611 Puget Park Drive  
Everett WA 98208

**Fire Station 14 - Blue Ridge**  
18800 68th Avenue W  
Lynnwood WA 98037

**Fire Station 15 - Lynnwood Civic Center**  
18800 44th Avenue W  
Lynnwood WA 98036

**Fire Station 16 - Maplewood**  
8429 196th Street SW  
Edmonds WA 98026

**Fire Station 17 - Downtown Edmonds**  
275 Sixth Avenue N  
Edmonds WA 98020

**Fire Station 18 - Brier**  
21206 Poplar Way  
Brier WA 98036

**Fire Station 19 - Mountlake Terrace**  
5902 232nd Street SW  
Mountlake Terrace WA 98043

**Fire Station 20 - Esperance**  
23009 88th Avenue W  
Edmonds WA 98026

**Fire Station 21 - Martha Lake**  
16819 13th Avenue W  
Lynnwood WA 98037

**Fire Station 22 - Hilltop**  
20510 Damson Road  
Lynnwood WA 98036

**Fire Station 23 - Lake Serene**  
4323 Serene Way  
Lynnwood WA 98087

**Fire Station 76 - Mill Creek**  
1020 153rd Street SE  
Mill Creek WA 98012