

WINTER 2022

SOUTH COUNTY SIREN

SERVING SOUTH SNOHOMISH COUNTY • BRIER • EDMONDS
LYNNWOOD • MILL CREEK • MOUNTLAKE TERRACE



South County Fire's new tiller will go in service in early 2023

INSIDE:

Teens trained in CPR save driving instructor

County's first program to provide lifesaving on-scene blood transfusions



County's first program to provide lifesaving in-field blood transfusions

South County Fire is the first fire agency in the county with the capability to provide lifesaving blood transfusions in the field.

"This is the most dramatic lifesaving and life-changing advance for trauma patients we've seen in a decade in emergency medical services," said South County Fire Assistant Chief of Emergency Medical Services Shaughn Maxwell.

A medical services officer, dispatched to all critical medical emergencies in southwest Snohomish County, carries the whole blood in a temperature-controlled cooler. In about 30 seconds, it can be heated to body temperature and administered to a patient with significant blood loss or internal bleeding.

This technology was developed by the military to provide blood transfusions on the battlefield to severely wounded soldiers. First responders here expect to treat traumatic injuries from car crashes and acts of violence as well as bleeding from serious medical conditions.

South County Fire modeled its program after systems that have been in use in King County, San Antonio and New Orleans for more than a year. It was developed in partnership with Providence Everett Medical Center's trauma team and blood bank as well as Bloodworks Northwest, which supplies South County Fire with one unit of blood each week.



Medical Services Officer Tom Keene explains the equipment used to provide lifesaving in-field blood transfusions



Hazardous Materials Technicians Steve Matadobra and Jeff Bair

HazMat Team learns safer ways to decon

Our hazardous materials technicians are learning new safer methods to remove contaminants from personnel and equipment following a response.

Typically, hazardous materials teams have set up a decontamination line of tents, water heaters, spray wands, scrub brushes, bleach and other equipment. New systems are quicker to set up, require fewer personnel, use less water, create less waste for disposal and are more effective and efficient.

Dry decon, developed by the military for desert operations, uses specially designed FiberTect wipes that absorb most cancer-causing contaminants.

Hybrid decon uses the FiberTect wipes in combination with a solution applied with an electrostatic sprayer to neutralize contaminants.



ON THE COVER

Firefighters train on new tiller truck

Firefighters are training on a new tractor-drawn aerial ladder truck scheduled to go in service during the first quarter of 2023.

A driver in the front cab steers the front axle while a second driver steers the rear axle from the tiller cab in the back. This makes the truck more maneuverable than a standard ladder truck.

Scout Day Open House Jan. 14, 11 a.m. to 1 p.m.



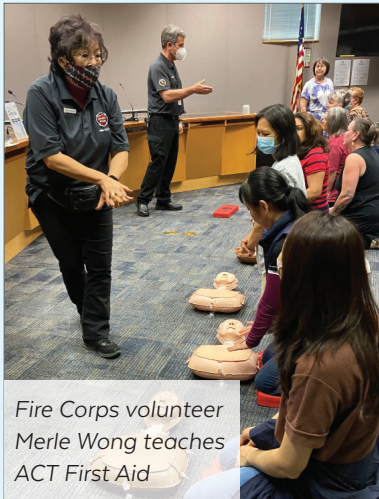
Calling all scouts!
Join us at Mariner
Fire Station 11,
12310 Meridian
Avenue S., Everett.

This special open house features activities to meet scout badge requirements including first aid & CPR, disaster planning, knot tying, community helpers (meet a firefighter and tour the truck), fire and home safety and more!

Open to all scout groups and the community.

REGISTER IN ADVANCE:

www.southsnofire.org/openhouse



Fire Corps volunteer
Merle Wong teaches
ACT First Aid

Volunteer with Fire Corps

Fire Corps volunteers help with prevention and safety education. Volunteer opportunities include assisting with:

- Smoke alarms & home safety
- Disaster preparedness
- Public events: open houses, fairs, parades, booths
- ACT First Aid & CPR
- Child car seat education
- Peer-to-peer senior fall and fire prevention education
- Other programs to fit your skills and interest

LEARN MORE

and submit an interest form:
www.southsnofire.org/volunteer

CPR saves lives

Quick action by teens saves driving instructor

A Mountlake Terrace driving instructor is alive today thanks to the quick action of two Edmonds teens trained in CPR.

Henry Campbell and Logan Jacques, both juniors at Edmonds Woodway High School, didn't hesitate when Dave Sedelmeier went into cardiac arrest last spring.

Henry, a graduate of Dave's driving school, gave Logan a ride to class that day. He went in with Logan to see his former instructor before the start of class. Henry and Logan were visiting in the back of the classroom when they heard a crash. It was Dave collapsing to the floor. He was unconscious and wasn't breathing.

Henry and Logan had been taught CPR on more than one occasion: as students at Madrona Elementary School, during a fire station visit in sixth grade and in scouts. "I knew how to do it, but I never thought I'd use it," Henry said.

Logan called 911 and stayed on the phone, receiving and passing along instructions from dispatchers. At the same time, Henry flipped Dave over onto his back to begin chest compressions.

When firefighters arrived, Henry was providing quality compressions. He continued to assist first responders during their first few minutes at the call. Firefighters continued CPR and used a defibrillator to shock Dave's heart back to a normal rhythm. "They shocked me four times before they got a pulse," explained Dave, who doesn't remember anything that happened that day.

Henry and Logan helped in other ways too. They moved other students back out of the way to give firefighters room to work. After Dave was transported by medics to the hospital, they helped make sure everyone in the class had a way to get home.

Dave praised the way the two friends worked together. "This was a team effort. If they weren't here as a team, this would have been different," Dave said.

Learn CPR

Learn hands-only CPR in our free online ACT First Aid class. In one hour, you'll learn three skills that can make a lifesaving difference during the crucial moments before firefighters arrive.

REGISTER & LEARN MORE:
www.southsnofire.org/ACT



South County Fire Medical Services Officer Josh Stadler,
Logan Jacques, Henry Campbell and Dave Sedelmeier

Dave has made a full recovery. "The cardiologist at Swedish Edmonds told me if it wasn't for the quick action of my students, we wouldn't be having this conversation," he said.

What happens in those crucial first moments after cardiac arrest — before paramedics arrive, before the hospital, before surgery — makes a lifesaving difference. Survivability decreases with each passing minute. Henry and Logan had the training and composure to act when it mattered most. Dave is living proof.

Graduations

Paramedic School: Christina Winter, center, graduated from the University of Washington/ Harborview Paramedic Program this summer. This rigorous program runs nearly a year and includes more than 2,000 hours of classroom, clinical and hands-on training. Assistant Chief Shaughn Maxwell and Medical Services Officer Deanna Herbert attended the graduation ceremony to celebrate Firefighter/Paramedic Winter's accomplishment.



Fire Training Academy Class 2022-2: Michael Coddington, Ronald Christner, Patrick Dinneen, Chris Finley, Sean Gans, Daniel Kromm, Chris Lubenow, Benham Pruet, Wesley Minor, Kevin Mitchell, Cole Neves, Daniel Storer, Brooke Trammell and Justin Zuniga graduated from the Fire Training Academy in August. All are now working as firefighters in your neighborhood fire stations.



Coats for Kids

Firefighters donated over 400 new winter coats to students in our service area this fall. Donations from South County Union Firefighters IAFF Local 1828 members and the South County Firefighter Foundation make this possible. To date, your firefighters have provided nearly 1,500 coats to school children as part of the Operation Warm/ Coats for Kids drive.



BOARD OF COMMISSIONERS NEWS

Board welcomes Commissioner Fearnough and City of Mill Creek Liaison Todd



MICHAEL FEARNEHOUGH was appointed in August as the Commissioner for Election District 2 (West Lynnwood and the unincorporated communities of Esperance, Lake Serene and Picnic Point). Fearnough served nearly 14 years with the Federal Emergency Management

Agency. He has been a volunteer firefighter lieutenant, emergency medical technician and emergency medical instructor. He is the owner and Chief of Operations for Cascadia Emergency Management, LLC, providing disaster training and event support.



MIKE TODD was appointed by Mill Creek to serve as the city's liaison to the board in August. He will serve until Mill Creek voters have an opportunity to directly elect commissioners to represent them

in November 2023. Todd is the Director of Public Works & Development Services for the City of Mill Creek. He has been an active volunteer in the community for more than 30 years and served on the Mill Creek City Council for 15 years. He spent 18 years in the private sector in product development, engineering and marketing management, and strategic planning after earning degrees in electrical and mechanical engineering from Stanford University.

Attend Board of Commissioners meetings in person or remotely

You can now attend Board of Fire Commissioner meetings in person or remotely using Zoom teleconferencing.

The board meets at 7 p.m. on the first three Tuesdays of each month. All meetings are open to the public.

In-person meetings are held at South County Fire Headquarters, 12425 Meridian Avenue S, Everett WA. Agendas and instructions for remote participation are available online at www.southsnofire.org/meetings.

SOUTH COUNTY FIRE

12425 Meridian Avenue S
Everett WA 98208



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WINTER CLASSES

No need to brave winter's chill!
Take a free 1-hour class online
from the comfort of your home



ACT FIRST AID & CPR: Learn three skills to save a life: Antidote for opioid overdose, CPR for sudden cardiac arrest and Tourniquet for bleeding control. Feb. 15, 10 a.m. / March 15, 6 p.m.

CAR SEAT CLASS: Learn how to properly use your car seat to protect your child from birth to the adult seat belt. Jan. 7, 10 a.m. / Jan. 18, 10 a.m. / Feb. 1, 6 p.m. Feb. 15, 10 a.m. / March 1, 6 p.m. / March 15, 10 a.m.

CHILD SAFETY & CPR: Learn child CPR and how to keep little ones safe at home, at play, and on the road. March 22 / 6 p.m.

DISASTER PREPAREDNESS: Learn how to prepare and care for your family in a disaster. March 8, 6 p.m.

AGING IN PLACE: Learn how to help your loved ones as they age and find out about programs to help them age in place in their own home. March 22, 10 a.m.

IMPACT TEEN DRIVING: The workshop for parents and teens focuses on reducing reckless and distracted driving, the top killer of teens in the United States. March 15, 6 p.m.

LEARN MORE AND REGISTER ONLINE:
www.southsnofire.org/classes

All classes are provided via Zoom. Visit our website to request a presentation for your group of 10 or more.

A MESSAGE FROM THE FIRE CHIEF



**Fire Chief
Thad Hovis**

It's hard to believe it has been five years since our regional fire authority (RFA) was established by voters in the communities of unincorporated southwest Snohomish County and the City of Lynnwood to provide more effective and efficient fire and emergency medical services (EMS).

Now I'm pleased to welcome the City of Mill Creek to our South County Fire RFA family. City voters in April overwhelmingly approved annexation to our RFA. South County Fire started serving the city earlier this month with full-time staffing of a medic unit and fire engine at the Mill Creek Fire Station. We are honored to be your fire department and part of the Mill Creek community. We invite you to meet your firefighters and learn more about South County Fire at our Neighborhood Night Open House at the Mill Creek Fire Station on Jan. 12, 5:30-7 p.m.

The RFA plans to ask our current partner contract cities — Brier, Mountlake Terrace and Edmonds — to annex to South County Fire. Contracts do not allow for staffing increases or long-term planning for emergency services. Annexing means all property owners receive the same level of service for the same rate. It also ensures city residents have a vote for representation on the fire board.

CONNECT WITH US



@southsnofire



South County Fire

COMMISSIONER'S CORNER



By Board Chair
Derek Daniels

Growing up in south Snohomish County, I always knew I wanted to get involved in my local community. After graduating from Lynnwood High School, I rounded out my education at Shoreline Community College with an Associate of Arts degree in Criminal Justice and Eastern Washington University with a Bachelor's degree in Business Administration, majoring in Management Information Systems. I returned to Lynnwood still wanting to actively serve my community.

Serving on the Paine Field Community Council afforded me the opportunity to meet former Fire Commissioner Greg Urban. He encouraged me to run for an open At-Large position on the South County Fire Board of Commissioners last fall. I came in a close second (1% difference out of 32,000 ballots cast). After the winner declined to take office, I was appointed by the board to fill the position and took office in January.

Learning the intricacies of the regional fire authority (RFA) has been exciting. My experiences have included visiting all 14 fire stations within the first six months of the year, getting appointed to the Sno911 Board governing our county's dispatch agency, seeing Mill Creek voters overwhelmingly approving annexation into the RFA, being elected Chair of the Board of Commissioners and signing an unprecedented 5-year contract with firefighters — all while being able to participate in various community events along the way.

I also had the opportunity to gain a better understanding of the complexities involved in firefighting by participating in FIRE OPS 101. This is a full day of firefighter training presented by the Washington Council of Fire Fighters to allow elected officials to experience the time-critical, highly technical, and labor-intensive work of firefighting. Wearing full firefighter gear (50 lbs.) and going into a burning room gave me a deeper appreciation for the challenges and hazards our firefighters face every day.

One of my best experiences has been riding along with our firefighters. I had done numerous ride-alongs with law enforcement agencies, but never a fire agency. Running with lights and sirens in a police vehicle can't compare with riding up high in a fire truck responding to a call. As exciting as that was, the best part of riding along with our crews was getting to see these skilled men and women in action serving our community with professionalism and compassion.

If you're curious about becoming a firefighter, we have excellent information on our website about required training and steps to getting hired. Another great way to learn more is to become a Fire Corps volunteer, student volunteer or volunteer firefighter support member with South County Fire. Learn more at our website: www.southsnofire.org/volunteer.



HEADQUARTERS

12425 Meridian Avenue S
Everett WA 98208
(425) 551-1200
www.southsnofire.org

Headquarters and stations are currently closed to visitors as a precaution due to COVID-19.

Commissioners

Derek Daniels, *Board Chair*
Micah Rowland, *Vice Chair*
David Chan
Michael Fearnough
Jim Kenny
Mark Laurence
Chris Teofilak
Mike Todd, *Mill Creek Liaison*

Fire Chief

Thad Hovis

Board of Commissioners meetings are the first, second and third Tuesday of each month at 7 p.m. All meetings are open to the public. Meetings are held in person at Headquarters and remotely using Zoom teleconferencing. Login instructions, agendas, minutes and videos are available at www.southsnofire.org/meetings.

Neighborhood Fire Stations

Fire Station 10 • Keeler's Corner
3922 156th Street SW
Lynnwood WA 98087

Fire Station 11 • Mariner
12310 Meridian Avenue S
Everett WA 98208

Fire Station 12 • Hilton Lake
3525 108th Street SE
Everett WA 98208

Fire Station 13 • Silver Firs
13611 Puget Park Drive
Everett WA 98208

Fire Station 14 • Blue Ridge
18800 68th Avenue W
Lynnwood WA 98037

Fire Station 15 • Lynnwood Civic Center
18800 44th Avenue W
Lynnwood WA 98036

Fire Station 16 • Maplewood
8429 196th Street SW
Edmonds WA 98026

Fire Station 17 • Downtown Edmonds
275 Sixth Avenue N
Edmonds WA 98020

Fire Station 18 • Brier
21206 Poplar Way
Brier WA 98036

Fire Station 19 • Mountlake Terrace
5902 232nd Street SW
Mountlake Terrace WA 98043

Fire Station 20 • Esperance
23009 88th Avenue W
Edmonds WA 98026

Fire Station 21 • Martha Lake
16819 13th Avenue W
Lynnwood WA 98037

Fire Station 22 • Hilltop
20510 Damson Road
Lynnwood WA 98036

Fire Station 23 • Lake Serene
4323 Serene Way
Lynnwood WA 98087

Fire Station 76 • Mill Creek
1020 153rd Street SE
Mill Creek WA 98012