

# CLASSES & PROGRAMS

**SAFE  
K:IDS**  
SNOHOMISH  
COUNTY

FREE Snohomish County resources to help keep your child safe.



## CAR SEATS

Learn how to safely use your car or booster seat from birth to the adult seat belt. Sign up for a free class: [southsnofire.org/carseats](https://southsnofire.org/carseats)

Get a free car seat check with a certified Child Passenger Safety Technician: [cert.safekids.org/find-tech](https://cert.safekids.org/find-tech)



## BIKE HELMETS

Helmets should be worn for all wheeled activities including bike, scooter, skateboard and skates.

Need a bike helmet but cannot afford one? Contact us at [outreach@southsnofire.org](mailto:outreach@southsnofire.org) and we may be able to help. Please note that supplies are limited.



## CHILD SAFETY

Learn how to keep your child safe whether at home, at play or on the road. Sign up for a free class: [www.southsnofire.org/classes](https://www.southsnofire.org/classes).

We also have a limited supply of child safety devices such as window locks to prevent window falls, cabinet locks to prevent poisoning and smoke alarms. Contact us at [outreach@southsnofire.org](mailto:outreach@southsnofire.org) to learn more.



## LIFE JACKETS

Safe Kids Snohomish County partners with Snohomish County Parks and the Sheriff's Office to supply free day-use life jackets at participating locations throughout Snohomish County.

The cabinets are open Memorial Day weekend through Labor Day. For more information, visit: [Life-Jacket-Loaner-Program](https://www.safekids.org/Life-Jacket-Loaner-Program)

Please note, programs and services are subject to change.

Contact us at: [www.southsnofire.org/safekids](https://www.southsnofire.org/safekids) or 425-320-3800

For more tips visit: [www.safekids.org](https://www.safekids.org)



# SAFETY TIPS

TO KEEP YOUR FAMILY SAFE ❤️

**SAFE  
K:DS**  
SNOHOMISH  
COUNTY

## CAR SEATS



- You must read and follow both the **car seat** and **vehicle owner's manual**.
- Install your car seat with either **lower anchors** or **seatbelt**.
- Keep kids **rear-facing** as long as possible, minimum age is 2. **Its the law!**
- Boosters until 4 foot 9 inches tall.

## FIRE SAFETY



- Install **smoke alarms** inside & outside every sleeping area.
- Replace alarms when they reach 10 years.
- Practice your home fire **escape plan**
- Teach kids the sound a smoke alarm makes, **crawl low** under smoke, and go to an outside meeting place.

## PEDESTRIAN SAFETY



- Children under 10 should cross the street with an adult.
- Teach kids to look **left, right & left** again before crossing the street. Always make eye contact with drivers.
- Use sidewalks and cross at corners, using traffic signals and **crosswalks**.

## SAFE SLEEP



- Baby sleeps **alone**, in their own crib, but in the same room as you for the first year.
- Baby sleeps on their **back** for naps and bedtime.
- Baby sleeps in a **crib** free of blankets, bumpers, pillows, and toys.
- Never prop a bottle.

## WATER SAFETY



- Designate an adult as a **Water Watcher**, someone who can watch children in the water without distractions.
- Always wear a **life jacket** for boating or when swimming in open water.
- Never swim alone, **learn CPR** and swim safety skills.

## WHEELED SPORTS SAFETY



- Wear a helmet for **all** wheeled sports.
- Wear **bright** or **reflective** clothing to be seen by drivers.
- Ride with your children until they are ready to ride on their own.
- Be **predictable**, ride in a straight line and don't swerve between cars.
- Follow all traffic laws.